



**3-C Con stands for Care Cardiovascular Consultants (3-C) Conference
5th Annual Scientific Symposium, (14th Year of Academics)**

Dates :
January 9 - 11, 2009

Venue-1
(Friday, Saturday)
Tagore Hall, Ahmedabad

Venue-2
(Sunday)
The Grand Bhagwati, Ahmedabad



Final Program

Organizing Committee

Conference Chairman Chair, Scientific Committee

Dr Keyur Parikh **Dr Milan Chag**
(M) +91-98250 26999 **(M) +91-98240 22107**

Conference Directors

Dr Urmil Shah **(M) +91-98250 66939**
Dr Hemang Baxi **(M) +91-98250 30111**
Dr Anish Chandarana **(M) +91-98250 96922**
Dr Ajay Naik **(M) +91-98250 82666**
Dr Satya Gupta **(M) +91-99250 45780**
Dr Gunvant Patel **(M) +91-98240 61266**
Dr Joyal Shah **(M) +91-98253 19645**
Dr Mihir Tanna **(M) +91-98242 14770**

Conference Co-Ordinators

Dr Ravi Singhvie **(M) +91-98251 43975**
Dr Jayesh Bhanushali **(M) +91-98790 48387**
Dr Jay Kantharia **(M) +91-98258 51595**
Dr Sarfaraz Shaikh **(M) +91-99251 95597**
Dr Goral Panchal **(M) +91-98981 00808**

International Faculty

■ Dahm, J. B.	Germany	■ Louvard Yves	France
■ Elkayam, Uri	USA	■ Mehta, Sameer	USA
■ Gershlick, Anthony	U.K.	■ Poole Wilson, Philip A.	U.K.
■ Jain, Ashit	USA	■ Steinhubl, Steven	USA
■ Krucoff, Mitchell	USA	■ Topaz, On	USA
■ Leeuwen, Frank Van	Israel	■ Wijns, William	Belgium

National Faculty

■ Baxi, Joy	■ Kale, Shailaja
■ Bhatt, Parloop	■ Kapoor, Aditya
■ Bhavsar, Niren	■ Kaushik, S. K
■ Chandaliya, H. B.	■ Nabar, Ashish
■ Chandaliya, S.	■ Naik, Bina
■ Gupta, S. B.	■ Punamiya, Kirti
■ Haridas, K.	■ Parmar, Tony
■ Jadhav, Uday	■ Patel, Arpit
■ Jani, Tushar	■ Roy, Dipankar
■ Jivani, Jaldeep	■ Samuel, Mathew - 3-C Oration
■ Joshi, Shashank	■ Shah, Paras
■ Kakani, Surya	■ Shastri, Naman

Message from the Conference Chairman

Greetings !

I am pleased to announce the Fifth International Conference (in the 14th year of our Academics) from The Heart Care Clinic: **“3-C Con 2009”** from 9th to 11th January 2009, to be held in Ahmedabad. We began academic programs originally in 1995 with just under 50 delegates and finally reaching, 1300 delegates for 3-C Con 2008.

I am happy to announce that the entire International Faculty has confirmed their participation in the Conference.

If we see the development of Medical technology around us, a magical transformation has taken place in our lives. It is the law of life that whatever we give our attention to and believe becomes our expertise. Let us again get together and concentrate our thoughts on the medical marvel of this century with positive attitude. It has been said to “enthuse” means to fill with spirit. "Enthusiasm" facilitates achievement. "Enthusiasm" is contagious.

With over 150 lectures and over 50 faculty this will be one of best of 3-C Con Conferences with emphasis on clinical cardiology.

If we take up any activity enthusiastically as a positive adventure, we can inspire all around us.

3-C CON 2009 will be a positive inspirational adventure of:

- Creativity
- Clinical Education
- Change

We would like to invite our physicians friends as well as cardiologists from all over the world for this conference. Please visit our website www.indianheart.com and preview the previous years programmes and faculty.

Let us all be there to enjoy a feast of learning and education. Let us together change our minds to eventually change our patient's lives...

Dr. Keyur Parikh
(Conference Chairman)

In Collaboration with ‘Association of Physicians of Ahmedabad’

Shah, Urmil



Interventional Cardiologist, Director, The Heart Care Clinic. Over ten years experience in intensive care in Clinical Cardiology, non-invasive cardiac investigations, all Cath. Lab procedures and all bedside invasive procedures. Special interest in Primary Angioplasty. Did a five year stint as AP in Dept of Cardiology, Institute of Cardiology and Research Center, B.J.

Medical College, Ahmedabad. Vast teaching in undergraduate and postgraduate teaching in different aspects of clinical cardiology, More than 50 national & international publications to his credit, faculty at many cardiology conferences. Awarded fellowship by Cleveland Clinic Foundation, Ohio, U.S.A. as International Scholar in Interventional Cardiology Department.

Baxi, Hemang



Interventional Cardiologist, Director, The Heart Care Clinic, Education till Post Graduation in Medicine at B J Medical College, Ahmedabad. Former Research. Fellow at Institute of Cardiology and Research Center, B.J. Medical College, Ahmedabad, Gold medal at Doctorate (DM), Many research papers and extensive. teaching experience, Extensive clinical, invasive and interventional experience in all cardiology fields.

Chandarana, Anish



Interventional Cardiologist, Director, The Heart Care Clinic Brilliant academic record with many gold medals in graduation, post graduation and doctorate. Has been a part of many National & International Research. Projects, many research papers and extensive teaching experience. Former AP at Institute of Cardiology and Research Centre, Civil Hospital, Ahmedabad.

Naik, Ajay



Interventional Cardiac Electrophysiologist and Interventional Cardiologist, Director, The Heart Care Clinic. Born and educated in Mumbai through out and was frequently adjudged as an outstanding student. DM Cardiology at KEM Hospital,

Parel, Mumbai. Did fellowship in Cardiac Electrophysiology at Cedars-Sinai Medical Center, Los Angeles, California, USA. National Faculty at CSI. Several Publications in reputed International journals viz. Circulation, JACC, JCE, CCVD. Visiting Interventional Cardiac Electrophysiologist at Asian Heart Institute, BKC, Mumbai and Shahid Gangalal Hospital, Kathmandu, Bansbary, Nepal.

Gupta, Satya



Associate Cardiologist, The Heart Care Clinic, Took basic medical education in Rajasthan, did DM in Christian Medical College, Vellore. Completed Interventional Cardiology (Radial Angiograms & Angioplasty) Fellowship from Pitie - Salpetriere

University Hospital, Paris. Salpetriere is the largest and oldest hospital (founded in 1613) in Europe. During Fellowship, got trained in radial Angiograms & Angioplasties, Former Tutor in Cardiology and Senior Registrar, Dept. Of cardiology, Christian Medical College, Vellore, Worked in Jaslok Hospital, Mumbai August 1999 November 1999 and Dr. S.N Medical College, Jodhpur March 1996 June 1999.

Organizing Faculty

Shah, Joyal



Interventional Cardiologist, The Heart Care Clinic, Did MBBS and MD (Internal Medicine) from M P Shah Medical College, Jamnagar, Associated as assistant in many clinical research projects like Effect of Folate treatment on Homocysteinemia in cardiac patients: A Prospective Study, Reversal of slow or no-reflow During Percutaneous Transluminal Coronary Angioplasty

Using Boluses of Intracoronary Adenosine and Sodium Nitroprusside in combination etc.

Tanna, Mihir



Interventional Cardiologist, The Heart Care Clinic, Did MBBS and MD (Internal Medicine) from Pramukh Swami Medical College, Karamsad, Associated as assistant in many clinical research projects like Heart in COPD, Pulmonary Embolism, Stem cell etc. Good experience in non invasive, invasive and interventional cardiology.

Parikh, Keyur



Chairman, The Heart Care Clinic. Diplomate of U.S. Boards of Internal Medicine, Cardiology and Interventional Cardiology. One of the senior most Interventional Cardiologists of India associated with pioneering invasive and interventional cardiology work in India, Much decorated all through during his academic career. Worked as director of Cath and Head of

Interventional cardiology in hospitals in U.S.A. and Ahmedabad for 14 years. Clinical Faculty Stanford University Medical Center, Palo Alto (1988-1995). Vast teaching experience in the field of cardiology, has organized hundreds of CMEs and seminars in cardiology in the USA and Ahmedabad India. Awarded the Order of William Harvey by American College of Cardiology in 1991. Awarded the most prestigious "Distinguished International Service Award" by the American College of Cardiology in 2004, On the Faculty at ACC, Euro-PCR, ESC, TCT and CSI. He has published over 65 papers in prestigious journals like Distinguished Journal of American College of Cardiology, Indian Heart Journal etc. He is involved in many national and international clinical trials.

Chag, Milan



Managing Director, The Heart Care Clinic, Adult and Pediatric Intervention Specialist. National Merit Scholarship Awarded by Secondary School Certificate. Board, Post-Graduate Merit scholarship Awarded by Saurashtra University, Pioneer in establishing Pediatric Cardiology Services and Treatment in Gujarat. Registrar at Jaslok Hospital, Mumbai, Cardiology Fellowship at CMC Hospital, Vellore, Residency in cardiology at Sanjay Gandhi PG Institute, Lucknow and Consultant in Cardiology at Institute of Cardiology and Research Centre, Civil Hospital, Ahmedabad. Over 18 years of teaching experience in Medicine and Cardiology. He is one of the most versatile cardiologist routinely doing almost all Interventional cardiac procedures (coronary angioplasty, all other non-Coronary-Peripheral interventions, Interventions for neonatal and adult congenital heart disease, Valvuloplasties, device and other non-surgical therapy for Cardiomyopathies). He has been appointed as a Post Graduate teacher in cardiology by National Board of Examinations.

Cardiology Fellows

Singhvie, Ravi



Dr. Ravi Singhvie, after completion of his MD Medicine (October 2002) from R.N.T. Medical College, Udaipur worked as Associate Cardiologist at Department of Cardiology, R.N.T. Medical College, Udaipur from 2002 to 2006. Since 2006 he is pursuing three year DNB course in Cardiology at S.A.L. hospital, Ahmedabad under Dr. Keyur Parikh and Dr. Milan Chag and now is into his Final year.

Bhanushali, Jayesh



Dr. Jayesh Bhanushali, completed his MD Medicine from Pramukh Swami Medical college, Karamsad, Gujarat in September 2006. At present he is in his final year of DNB Cardiology Program at SAL Hospital under Dr. Milan Chag and Dr. Keyur Parikh. During his cardiology tenure he has gained experience in various fields of interventional and non-interventional cardiology.

International Faculty

Dahm, J. B.



Prof. Dahm is Director of the Department of Cardiology & Angiology at the Heart & Vascular Center Neu-Bethlehem in Gottingen, Germany and Director of the Core Laboratories of genea associates and Imaeon Core Labs.



Elkayam, Uri



Director of the Heart Failure Program, Professor of Medicine and Professor of Obstetrics and Gynecology at the University of Southern California in Los Angeles. Dr. Elkayam is a past member of the editorial board of the Journal of the American College of Cardiology and is presently a member of many national and international committee's and advisory boards. Dr. Elkayam has been the recipient of a number of awards. Dr. Elkayam has the distinction of being listed in Best Doctors in America (2000-2008) and America's Top Doctors (2001-2008).



Gershlick, Anthony



University Hospitals of Leicester, Leicester, UK. Tony Gershlick is Consultant Cardiologist and Honorary Senior Lecturer at the University Hospitals of Leicester. Dr Gershlick maintains a significant research interest, publishing extensively in the area of vessel wall/blood interactions, especially those that occur following percutaneous coronary intervention. He has an international reputation evidenced by requests to sit as faculty member on up to five international meetings per year. He is a council member of the British Cardiac Society (BCS), Chairman of the Local Cardiovascular Programme Board.



Jain, Ashit



Dr. Ashit Jain graduated from the College of Medical Sciences, University of Delhi, India in the year 1981. He practices Cardiology, Internal Medicine and Interventional Cardiology in Fremont, Hayward, Milpitas, and San Leandro, California, U.S.A. He is a very good orator. He has hospital affiliations with Washington Hospital, St. Rose Hospital etc. in U.S.A. He has done many clinical research trials and many of them are ongoing. He is pioneer in Carotid Interventional Program in the Bay area.



Krucoff, Mitchell



Director, Cardiovascular Laboratories, Duke Medical University, Durham VA Medical Center, Acting Chief, Cardiology Division, Durham VA Medical Center when Dr. Morris in absentia, Director, eECG Core Laboratory, Duke Clinical Research Institute, Director, Interventional Devices Clinical Trials, DCRI, Director, The Heart Knows No Borders Project, Director, The MANTRA Study Project. He is an excellent teacher. He has been to India many times & is a key opinion leader in various cardiovascular diseases.



Leeuwen, Frank, MD



Frank van Leeuwen, M.D. got interested in cardiovascular clinical studies during his study medicine at the University of Leyden, the Netherlands. After his graduation, he worked as a resident cardiology after which he decided to continue in clinical research and he joined a pharmaceutical company. Since 1992, Frank has been working at the Bakken Research Center, Medtronic's European research facility located in Maastricht, the Netherlands. Frank has been involved in numerous coronary stent studies as well as studies with endovascular stent grafts. Most recently, the Protect study, a global project that will randomize 8800 patients comparing two drug eluting stents focusing specifically on safety.



Louvard, Yves



Yves Louvard has worked in interventional cardiology at the Institut Cardiovasculaire Paris-Sud since 1992. Dr Louvard is a Fellow of both the French Society of Cardiology and the French College of Interventional Cardiology and is a member of the pedagogic board and Co-Director of the Inter-university Degree of Interventional Cardiology.



Dr Louvard has made over 70 presentations, presented 60 posters, given almost 40 lectures, is author and co-author of 86 articles and 18 book chapters and has participated in various multicentre studies as an investigator. Dr Louvard gained an MD and a PhD from Paris VI University StAntoine in 1982.

International Faculty

Mehta, Sameer



Interventional Cardiologist, Mercy Medical Centre, Cedars Medical Centre and Mt. Sinai Medical Centre, Miami. Graduated in Medicine from Delhi University with honours. Rotary Scholar: Rotary International Award 1982. Best all Around Graduate Delhi University. PG Residency in Safdarjung Hospital, New Delhi, New York Infirmary-Beekman Downtown Hospital. Cardiology Fellowship in Lincoln Hospital, New York and Westchester Country Medical College, New York & South Miami Hospital, Miami.



Poole-Wilson, Philip A



Philip A Poole-Wilson is the British Heart Foundation Simon Marks Professor of Cardiology. He is Head of Cardiac Medicine at the National Heart & Lung Institute (NHLI), Imperial College London and Honorary Consultant Physician at the Royal Brompton & Harefield Hospitals, London, UK. He was a British American Travelling Research Fellow at the University of California in Los Angeles (CLA) from 1973 to 1974. He was Head of the Division (National Heart and lung Institute (NHLI) in the Faculty of Medicine of Imperial College London from 1997 to 2000.



Steinhubl, Steven



Global Vice-President, The Medicines Co., Adjunct Research Faculty, Geisinger Clinic. Editorial Assistance and Peer Reviewer in American Heart Journal, American Journal of Cardiology, American Journal of Medicine and many others Leadership positions in many Multi-center Trials. A part of several publications – manuscripts and abstracts.



Topaz, On



Professor On Topaz attended the Pre-Academic Center for Natural Sciences at the Hebrew University of Jerusalem. He is a member of the editorial board of ten peer-reviewed medical journals. Published more than 100 papers in peer-reviewed journals, as well as 50 abstracts and ten book chapters. He has also made multiple presentations and invited lectures around the world on various topics. He serves as faculty, chairperson and presenter on the major interventional cardiology meetings. Professor Topaz won several grant awards including a National Institutes of Health National Research Service Award grant. Professor Topaz is an active clinician.



Wijns, William



Co-Director, Cardiovascular Centre, O.L.V.Z. Aalst, Moorselbaan 164 9300 Aalst, Belgium. Distinguished Cardiologist Scientist. Vice-President, External Relations, ESC, Board Member of the World Heart Federation, Representing the European Society of Cardiology. Has over 150 publications in peer reviewed journals. He is on the Editorial Board Member for European Heart Journal, Dialogues in Cardiovascular Medicine, International Journal of Cardiac Imaging, International Journal of Cardiac Interventions, Italian Heart Journal. Member of Scientific Societies like Belgian Society of Cardiology, American Heart Association (Fellow Circulation Council), Belgian Working Group on Interventional Cardiology (Board), French Society of Cardiology (Membre Etranger), Euro PCR (member of Board Directors) Member of Legal Authorities like National Peer Review Council for Cardiology (Moniteur Belge since March 2000).



Friday, 9 January, 2009 Day-1, Venue : Tagore Hall

Time	Topics & Lecture	Faculty
7:30 AM	REGISTRATION & BREAKFAST	
8:15 AM	Introduction : A vision and mission - Incredible India and Cardiology	<i>Dr. Keyur Parikh</i>
How to Live Longer : Part I		
	Chair : Dr. Keyur Parikh, Dr. Milan Chag	Moderators : Dr. William Wijns, Dr. Hemang Baxi
8:40 AM	■ Balancing - New Knowledge and Common Sense !! Troponin!! What to do?	<i>Dr. Keyur Parikh</i>
	■ Psychological Stress and Cardiovascular Disease : A myth, fact or illusion !	<i>Dr. Keyur Parikh</i>
	■ Advances in Cardiovascular Intervention - The Heart Care Clinic Experience	<i>Dr. Keyur Parikh</i>
9:10 AM	Rapid Fire : A journey of A-Z trials from 2008 - Part 1	<i>Dr. Milan Chag</i>
Plenary Lecture		
9:40 AM	Cell therapy for Heart Failure	<i>Dr. William Wijns</i>
10:10 AM	Panel Discussion - Chairs, Moderators and all speakers	
10:20 AM	Tea/Coffee Break	
CAD / ACS		
	Chair : Dr. Anish Chandarana, Dr. Ajay Naik	Moderators : Dr. Urmil Shah, Dr. Satya Gupta
10:35 AM	Approach to the patient with chest pain	<i>Dr. Urmil Shah</i>
10:55 AM	Why Primary PCI is the best modality to treat MI in India ?	<i>Dr. Sameer Mehta</i>
11:15 AM	Severe Calcific CAD : A novel approach with atherectomy	<i>Dr. Keyur Parikh</i>
11:35 AM	10 Points to Remember About Acute Aortic Dissection	<i>Dr. Satya Gupta</i>
11:55 AM	Cardiogenic Shock : State of the Art	<i>Dr. Hemang Baxi</i>
12:15 PM	ACS/NSTEMI : State of the Art	<i>Dr. Anish Chandarana</i>
12:35 PM	Atherosclerosis: Fatty streak to ruptured plaque: Detection & modification	<i>Dr. William Wijns</i>
12:55 PM	Panel Discussion - Chairs, Moderators and all speakers	
Plenary Lecture		
1:05 PM	Reperfusion Strategies, Mechanical Devices & other cotemporary management options in Acute ST-Segment Elevation Myocardial Infarction : State of the Art	<i>Prof. On Topaz</i>
1:30 PM	Lunch	

Friday, 9 January, 2009 Day-1, Venue : Tagore Hall

International Plenary Lectures

	Chair : Dr. Keyur Parikh, Prof. Philip A. Poole-Wilson	Moderators : Dr. Satya Gupta, Dr. Gunvant Patel
2:20 PM	Anti-Platelet Therapy for Patients with CAD(Chronic CAD, ACS, AMI, PCI): What agent and for how long?	Dr. Mitchell Krucoff
2:40 PM	Resting Heart Rate in Cardiovascular Disease	Prof. Philip A. Poole-Wilson
3:00 PM	Coronary Angiography: Past, Present and Future - A Useless test or a Gold Standard?	Prof. J. B. Dahm
3:20 PM	PCI in Diabetics : State of the Art	Dr. William Wijns
3:40 PM	State of the Art in Strokes and Carotid Artery Disease	Dr. Ashit Jain
4:00 PM	Drug Eluting Stents Vs. Bare-Metal Stents : State of the Art (Future Directions in Stenting)	Dr. Frank Van Leeuwen
4:20 PM	Tea/Coffee Break	

Peripheral Vascular Disease / Structural Heart Diseases

	Chair : Dr. Milan Chag, Dr. Mitchell Krucoff	Moderators : Dr. Urmil Shah, Dr. Ashit Jain
4:35 PM	Identification of PVD and evaluating high risk patients & treatment in general	Dr. Ashit Jain
4:45 PM	Newer Intervention therapies in Peripheral Vascular Diseases	Dr. Ashit Jain
4:55 PM	Percutaneous valves: State of the Art	Dr. Mitchell Krucoff
5:10 PM	Rapid Fire : A journey of A-Z trials from 2008 - Part 2	Dr. Milan Chag
5:25 PM	Renal artery Stenosis: Diagnosis, Intervention Challenges & Outcome	Prof. On Topaz
5:40 PM	Panel Discussion - Chairs, Moderators and all speakers	

How to Live Longer : Part II

	Chair : Dr. Hemang Baxi, Dr. Anish Chandarana	Moderators : Dr. Satya Gupta, Dr. Jayesh Bhanushali
5:50 PM	Diet and Exercise, Yoga and Meditation, Stress and Relaxation: want to live long ?	Dr. Anish Chandarana
6:05 PM	Balancing life : Home, Work & Else ?	Mr. Tony Parmar
6:25 PM	Coffee/Snacks & Question/Answers with International & National Faculty at Exhibition Area	
8:00 PM	Satellite Sessions at Hotel Inder Residency	
10:00 PM	Dinner at Hotel Inder Residency	

Satellite Session : Friday, 9 January, 2009 Day-1, Venue : Hotel Inder Residency

A. Echocardiography for Physicians (Time - 8:00 PM - 10:00 PM)

Chair : Dr. Satya Gupta

Panelist : Dr. Ajay Naik, Prof. S. K. Kaushik, Dr. Jayesh Bhanushali, Dr. Ravi Singhvie

- Echocardiography in Patients with Chest Pain
- Asymptomatic Chronic severe AR/MR - When to intervene ?
- Stress Echo
- Diastolic dysfunction : Echo evaluation
- Hope for the HF patient - Echo identifiers
- Interesting Echos

Dr. Satya Gupta
Prof. S. K. Kaushik
Dr. Jayesh Bhanushali/Dr. Ravi Singhvie
Dr. Uday Jadhav
Dr. Ajay Naik
Dr. Satya Gupta/ Dr. Ajay Naik

B. Preventive Cardiology (Time - 8:00 PM - 10:00 PM)

Chair : Dr. Anish Chandarana

Panelist : Dr. Mitchell Krucoff, Dr. Sameer Mehta, Dr. Naman Shastri, Dr. Niren Bhavsar

- We must prevent disease - Not predict events
- Holistic care of Patients with CAD: High Tech meets High touch-lessons from India
- Sudden Cardiac Death & Prevention
- Preoperative Cardiovascular evaluation of for noncardiac Surgery: 2007 Guidelines
- CPR: An update

Dr. Sameer Mehta
Dr. Mitchell Krucoff
Dr. Anish Chandarana
Dr. Naman Shastri
Dr. Niren Bhavsar

C. Cardiac Pharmacology (A) (Time - 8:00 PM - 10:00 PM)

Chair : Dr. Hemang Baxi

**Panelist : Prof. Anthony Gershlick, Dr. Uday Jadhav, Dr. Ashit Jain,
 Prof. Philip A. Poole Wilson**

- Which antiplatelet agents will I Choose in ACS? Why?
- Which Statin-will I choose ?Why ?
- Which ACEI will I choose ? Why ?
- Which ARB will I choose ? Why ?
- Which DES will I choose ? Why ?

Prof. Anthony Gershlick
Dr. Uday Jadhav
Prof. Philip A. Poole Wilson
Dr. Uday Jadhav
Dr. William Wijns/Dr. Hemang Baxi

D. Cardiac Pharmacology (B) (Time - 8:00 PM - 10:00 PM)

Chair : Dr. Urmil Shah

Panelist : Prof. Uri Elkayam, Dr. William Wijns, Prof. On Topaz

- Novel Antianginal Agent in Patients With Severe Chronic Stable Angina: Ranolazine
- Point of care platelet response to clopidogrel or else
- Pregnancy and Cardiovascular diseases. What to give and what to avoid?
- Medical therapy in Acute Myocardial Infraction
- Renin Inhibition in Hypertension: Aliskrein: New Horizons
- Lasers in CV Medicine

Dr. Urmil Shah
Dr. William Wijns
Prof. Uri Elkayam
Dr. Urmil Shah
Prof. Uri Elkayam
Prof. On Topaz

Saturday, 10 January, 2009 Day-2 Venue : Tagore Hall

Time	Topics & Lecture	Faculty
7:00 AM	Wake UP Arrhythmia Session with Dr. Ajay Naik, Dr. Ashish Nabar, Prof. S. K. Kaushik, Dr. Satya Gupta	
8:00 AM	Breakfast	
Cardiac Arrhythmias		
	Chair : Dr. Ajay Naik, Dr. Ashish Nabar	Moderators : Dr. Satya Gupta, Dr. Anish Chandarana
8:15 AM	Evaluation of Syncope and Vasovagal Syncope in the Older Patient	<i>Dr. Ashish Nabar</i>
8:30 AM	Management of arrhythmia storm in the ICU	<i>Dr. Ajay Naik</i>
Plenary Lecture		
8:45 AM	Control of Atrial Fibrillation: An Evolving Perspective on Medication, Catheter Ablation, and Surgery — The Quest for Durable Efficacy	<i>Dr. Ajay Naik</i>
9:00 AM	Panel Discussion - Chairs, Moderators and all speakers	
Heart Failure Session		
	Chair : Dr. Milan Chag, Prof. Uri Elkayam	Moderators : Dr. Ajay Naik, Prof. Philip A. Poole-Wilson
9:10 AM	Pharmacotherapy of Chronic Heart Failure : Current Status	<i>Dr. Milan Chag</i>
9:30 AM	Unlocking the Mysteries of Diastolic Function	<i>Prof. Uri Elkayam</i>
9:50 AM	Unveiling LBBB - Harbinger of bad news	<i>Dr. Ajay Naik</i>
10:10 AM	Emerging therapies and strategies in the treatment of heart failure	<i>Prof. Philip A. Poole Wilson</i>
10:30 AM	Hypertrophic obstructive cardiomyopathy: State of the Art.	<i>Dr. K. Haridas</i>
10:50 AM	Panel Discussion - Chairs, Moderators and all speakers	
11:00 AM	Tea-Coffee Break	
3- C Oration		
	Chair : Dr. Keyur Parikh, Dr. Milan Chag	
11:15 AM	Multivessel Coronary Artery Disease What to do ?: State of the Art (Past, Present & Future)	<i>Dr. Mathew Samuel</i>
VISUAL JOURNEY - in CardioVascular Imaging		
	Chair : Dr. Keyur Parikh, Dr. Urmil Shah	Moderators : Dr. Satya Gupta, Dr. K. Haridas
11:40 AM	CT angiography : Hope or Hype ?	<i>Dr. Satya Gupta</i>
11:55 AM	IVUS / VH / NOGA / OCT : What is it ? Where is it used ?	<i>Dr. Keyur Parikh</i>
12:10 PM	3-Dimensional Echo & Tissue Doppler / Transesophageal Echocardiography : Fashionable or useful ?	<i>Dr. Urmil Shah</i>
12:25 PM	Images & Interpretation(MisInterpretation) of Coronary Angiography and Coronary Angioplasty for Physicians	<i>Dr. Kirti Punamiya / Dr. K. Haridas</i>
12:40 PM	Panel Discussion - Chairs, Moderators and all speakers	
Plenary Lecture		
12:50 PM	Late and Very Late Thrombosis of Drug-Eluting Stents: Evolving Concepts and Perspectives	<i>Prof. Anthony Gershlick</i>
1:15 PM	Lunch	

Saturday, 10 January, 2009 Day-2 Venue : Tagore Hall

PCI / CAD / Stents

	Chair : Dr. Keyur Parikh, Dr. Hemang Baxi	Moderators : Dr. Kirti Punamiya, Dr. Yves Louvard
2:00 PM	Guidelines for Physicians to improve "Door to needle/balloon"-Time Is Muscle: Translation Into Practice	Dr. Kirti Punamiya
2:20 PM	New Strategies for ACS(Role of Cangelor, Factor Xa Inhibitor, etc.) : End of Road or Beginning of an Era ?	Dr. Steven Steinbuhl
2:40 PM	Revascularization Decisions in the Patient with Left Main Disease, Diabetes, Multivessel disease and LV dysfunction : Guidelines for Physicians	Dr. Yves Louvard
3:00 PM	Panel Discussion - Chairs, Moderators and all speakers	

Plenary Lecture

3:10 PM	Pregnancy and Cardiovascular Disease: State of the Art	Prof. Uri Elkayam
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3:30 PM Tea-Coffee Break

General Cardiology

	Chair : Dr. Milan Chag, Dr. Anish Chandarana	Moderators : Dr. Uday Jadhav, Dr. Ravi Singhvie
3:45 PM	Primary Pulmonary Hypertension: Etiology, Diagnosis, Management, Newer therapies	Dr. Hemang Baxi
4:10 PM	Clearing the Obstacles for Evidence-Based ACS Care	Prof. Anthony Gershlick
4:30 PM	Systemic Hypertension: Changing concepts, changing guidelines	Prof. Philip A. Poole Wilson
4:45 PM	Courage Trial : What was conveyed wrong !	Dr. Anish Chandarana
5:00 PM	Anti-lipid pharmacotherapy: When, Which, how & why ? : State of the art	Dr. Uday Jadhav
5:20 PM	Panel Discussion - Chairs, Moderators and all speakers	

Interactive Session

5:30 PM	Images in medicine: Interactive Session.	Dr. Milan Chag
5:50 PM	Interactive ECG Quiz - Prizes to be Won !!	Dr. Ajay Naik, Dr. Ashish Nabar
6:10 PM	Conclusion	

RECEPTION at The Heart Care Clinic with appetizers / snacks from 7.00 pm to 8.30 pm

ONLY FOR REGISTERED DELEGATES

Relax and Rejuvenate yourself !!! Dine and Dance with musical evening of

"KHANDEKAR BROTHERS ORCHESTRA"

Gala Dinner at Mangalya Vatika, Sola Bhagwat Vidyapith 8.30 pm onwards

Certification Course, Sunday, 11 January, 2009 Day-3 Venue : The Grand Bhagwati

Indian Society of Electrocardiology ECG

Faculty : Dr. S. B. Gupta (Mumbai), Dr. Aditya Kapoor (Lucknow)
Dr. Ashish Nabar (Mumbai), Dr. Ajay Naik (Ahmedabad)

The Indian Society of Electrocardiology(National body of Cardiologists & physicians) has started National Certification Courses in ECG Proficiency. This is a standardized teaching curriculum followed by an examination. Successful candidates will be awarded certificates that will serve as a standard for comparison. This is the 3rd such course being arranged in the country, first time in Ahmedabad. This course is ideal for Post MD fellows, PG residents of Medicine, Anesthesia , Pediatrics , ICU residents, Paramedical staff of ICU, Cath Lab technicians.

7:30 AM Registration and Breakfast

8.00 AM	Introduction	<i>Dr. S. B. Gupta</i>
8.05 AM	Normal ECG, Technical Problems and Variants	<i>Dr. S. B. Gupta</i>
8.35 AM	Sinus Node Rhythm and Supraventricular Arrhythmias	<i>Dr. Ajay Naik</i>
9.05 AM	Ventricular Arrhythmias	<i>Dr. Ashish Nabar</i>
9.35 AM	AV and Intraventricular Conduction Defects	<i>Dr. Aditya Kapoor</i>
10.05 AM	QRS Axis, Voltage and Chamber Enlargement	<i>Dr. S. B. Gupta</i>

10.30 AM Tea-Coffee Break

11.00 AM	Repolarization Abnormalities and Pacemaker	<i>Dr. Aditya Kapoor</i>
11.25 AM	Ischaemia and Infarction	<i>Dr. Ashish Nabar</i>
12.00 PM	Interactive Session	<i>Dr. Ajay Naik/Dr Ashish Nabar</i>

1.00 PM Lunch

2.00 PM	Introduction	<i>Dr. S. B. Gupta</i>
2.05 PM	Coding and Evaluation system	<i>Dr. S. B. Gupta</i>
2.30 PM	Exam	
5.00 PM	Answers	<i>Dr. S. B. Gupta</i>

Certification Course, Sunday, 11 January, 2009 Day-3 Venue : The Grand Bhagwati

Clinical Cardiology

Chair : Dr. Milan Chag, Dr. Satya Gupta

7:30 AM Registration and Breakfast

Chair : Dr. Milan Chag, Prof. Uri Elkayam

Moderators : Prof. Philip A. Poole-Wilson, Dr. Satya Gupta

8:30 AM An approach to patient with Chest Pain

Prof. Philip A. Poole-Wilson

8:50 AM An approach to patient with Heart Failure/Dyspnea

Prof Uri Elkayam

9:10 AM How should we manage HT?

Dr. Anish Chandarana

9:30 AM Impact of Impaired Fasting Glucose on CardioVascular Disease : The Framingham

Dr. H.B.Chandaliya

Heart Study

9:50 AM Panel Discussion

Interactive Session : Clinical Scenario

Chair : Dr. Milan Chag, Dr. Uday Jadhav

Moderators : Dr. Satya Gupta, Dr. Ravi Singhvie

10:10 AM ACS

Dr. Satya Gupta

10:30 AM Heart Failure

Dr. Milan Chag

10:50 AM Dyslipidemia

Dr. Uday Jadhav

11:10 AM Tea-Coffee Break

Chair : Dr. Satya Gupta, Prof. Uri Elkayam

Moderators : Dr. Yves Louvard, Prof. J. B. Dahm

11:20 AM Sex & Heart

Dr. Paras Shah (Sexologist)

11:40 AM Which DES will I choose ? Why ?

Dr. Yves Louvard

12:00 PM Coronary Angiography & Angioplasty : Interpretation for physicians -

Prof. J. B. Dahm

12:20 PM Panel Discussion

1:00 PM Lunch

Rapid Fire

Chair : Dr. Milan Chag, Dr. Uday Jadhav

Moderators : Dr. Satya Gupta, Dr. Jayesh Bhanushali

2:00 PM ACEI induced cough - What to do ?

Dr. Uday Jadhav

2:08 PM Pt with mechanical prosthetic valve becomes pregnant : How to manage ?

Prof Uri Elkayam

2:16 PM Bodyache/ Jt. Pain by statin : What to do ?

Dr. Uday Jadhav

2:24 PM Pt. with recent stent implant needs non-cardiac surgery : How to manage antiplatelets?

Dr. Milan Chag

2:32 PM Discussion & Debate

Audio Visual Imaging & Quiz

Chair : Dr. Milan Chag, Prof. Uri Elkayam

Moderators : Dr. Uday Jadhav, Dr. Satya Gupta

3:00 PM Xrays

Dr. Milan Chag

3:30 PM Heart Sounds

Dr. Satya Gupta

4:00 PM Echocardiography Images/views

Faculty

5:00 PM Awarding Certification

Certification Course, Sunday, 11 January, 2009 Day-3 Venue : The Grand Bhagwati

Group Practice, Office, Clinic & Hospital Management & Financial Planning

Chair : Dr. Keyur Parikh, Dr. Anish Chandarana

A - Registration and Breakfast

8:00 AM	Introduction	<i>Dr. Keyur Parikh</i>
8:15 AM	Countdown to Opening Day - Solo / Group Practice ?	<i>Dr. Anish Chandarana</i>

B - Office & Clinic Management

Chair : Dr. Keyur Parikh, Dr. Mahadev Patel

8:30 AM	Comprehensive Physician Practice Management	<i>Dr. Keyur Parikh</i>
8:50 AM	Clouds on the Horizon / Operation of Group Practice	<i>Dr. Keyur Parikh</i>
9:10 AM	Overview of Office & Clinic Management	<i>CA, Joy Baxi</i>
9:30 AM	Medical Information System made Practical	<i>Dr. Jaldeep Jivani</i>
9:50 AM	Panel Discussion	

10:10 AM Tea-Coffee Break

C - Human Resource

Chair : Dr. Anish Chandarana, Dr. Bina Naik

10:30 AM	Recruiting, Training, Retaining manpower in HC Industry	<i>Dr. Bina Naik</i>
10:50 AM	Unleashing People	<i>Dr. Anish Chandarana</i>
11:10 AM	Creating Effective Teams	<i>Dr. Bina Naik</i>
11:30 AM	Panel Discussion	

D - Hospital Management

Chair : Dr. Keyur Parikh, Dr. Anish Chandarana

11:50 AM	Quality Assurance in Health Care	<i>Mr. Tushar Jani</i>
12:10 PM	Components of Quality Healthcare - Efficacy, Effectiveness & Efficiency	<i>Dr. Keyur Parikh</i>
12:30 PM	Role of Clinical Research in Indian Clinical Healthcare Facility : Why, When & How ?	<i>Dr. Parloop Bhatt</i>
12:50 PM	Reinvesting the Indian Hospital	<i>Mr. Dipankar Roy</i>
1:10 PM	Importance of Data Management	<i>Dr. Keyur Parikh</i>
1:30 PM	Panel Discussion	

1:50 PM Lunch

E - Financial Planning

Chair : Dr. Keyur Parikh, Dr. Anish Chandarana

2:50 PM	Facilities Design : Office/Hospital	<i>Mr. Surya Kakani</i>
3:10 PM	Managing Working Capital	<i>CA, Arpit Patel</i>
3:30 PM	Overview of Capital Management for Doctors	<i>CA, Joy Baxi</i>
3:50 PM	Philosophy of Investment	<i>Faculty - Panel Discussion</i>
4:10 PM	Panel Discussion with all Faculties	
5:00 PM	Awarding Certification	

Certification Course, Sunday, 11 January, 2009 Day-3 Venue : The Grand Bhagwati

Lipid, Cardiovascular Metabolic Disorders and Diabetes Management

Chair : Dr. Urmil Shah, Dr. Hemang Baxi

Moderators : Dr. Urman Dhruv, Dr. Banshi Saboo Dr. Ashok Parekh

7:30 AM Registration and Breakfast

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|---------|--|-------------------------------|
| 8:30 AM | Targeting the Interplay of Obesity, Insulin Resistance and Mixed Dyslipidemia:
An Integrative Approach to Reducing Cardiometabolic Risk | - <i>Dr. H. B. Chandaliya</i> |
| 8:50 AM | Benefits of Continuous Glucose Monitoring | - <i>Dr. Shashank Joshi</i> |
| 9:10 AM | Management of Diabetes in acute emergencies and perioperative period | - <i>Dr. S. Chandaliya</i> |
| 9:30 AM | Panel Discussion | |

9:50 AM Tea-Coffee Break

Lipid Session

Chair : Dr. O. P. Gupta, Dr. Mayur Patel,

Moderators : Dr. Paras Doshi, Dr. Tanish Modi, Dr. Jitendra Patel

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|----------|---|--|
| 10:00 AM | Anti-lipid pharmacotherapy: When, Which, how & why ? : State of the art | - <i>Dr. Uday Jadhav</i> |
| 10:20 AM | Secondary Prevention for Patients With Coronary and Other Atherosclerotic Vascular Disease: Update AHA/ACC Guidelines | - <i>Dr. Keyur Parikh/Dr. Joyal Shah</i> |
| 10:35 AM | Dyslipidemia in diabetes what drugs to use ? | - <i>Dr. Mayur Patel</i> |
| 10:50 AM | HDL Cholesterol, HDL Particle Size and Apolipoprotein A-I: Significance for Cardiovascular Risk | - <i>Dr. Hemang Baxi</i> |
| 11:05 AM | Now Controversies in Lipid Management | - <i>Dr. Urmil Shah</i> |
| 11:15 AM | The Multiple Risk Factor Intervention Trial (MRFIT)—Importance Then | - <i>Dr. Urmil Shah</i> |
| 11:25 AM | Panel Discussion | |

Chair : Dr. Gyan Badlani, Dr. Dhiren Joshi

Moderators: Dr. P. S. Iyenger, Dr. Sunil Wadhwani, Dr. Kirit Akhani

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|----------|--|-------------------------------|
| 11:45 AM | No end to Glitazone controversy? | - <i>Dr. Shailaja Kale</i> |
| 12:00 PM | Clinical Implications of late breaking trials | - <i>Dr. Shashank Joshi</i> |
| 12:20 PM | Treatment related weight gain in Diabetes | - <i>Dr. H. B. Chandaliya</i> |
| 12:35 PM | New technology, new errors: An insulin infusion pump | - <i>Dr. Shashank Joshi</i> |
| 12:55 PM | Panel Discussion | |

1:15 PM Lunch

Chair : Dr. Kanu Tibrewala, Dr. Asha Shah

Moderators : Dr. Gajanand Mahota, Dr. Sunil Mehta, Dr. Ramendu Mehta

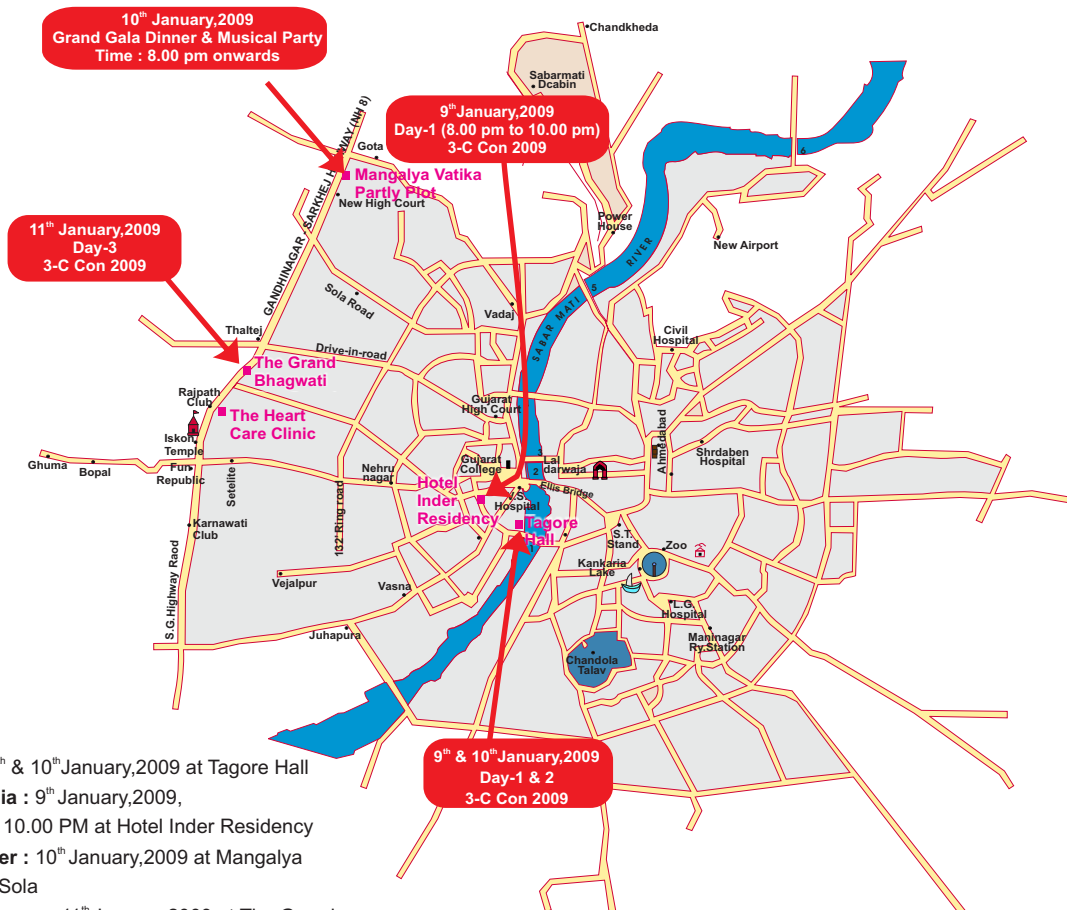
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|---------|--|-------------------------------|
| 2:15 PM | How Should We Treat Pre-Diabetes & Preserve pancreatic function? | - <i>Dr. H. B. Chandaliya</i> |
| 2:30 PM | Update on GDM: the HAPO Study Results | - <i>Dr. Shailaja Kale</i> |
| 2:50 PM | Panel Discussion | |

Chair : Dr. Navneet Shah, Dr. Parag Shah

Moderators : Dr. Harshad Patel, Dr. Pinakin Dalal, Dr. Raghu Satyanarayan

- | | | |
|---------|--|--|
| 3:10 PM | Meet the Experts (MTE) Sessions | |
| 3:40 PM | MTE 1: Managing Low and/or High HDL | - <i>Dr. Uday Jadhav / Dr. Keyur Parikh / Dr. Urmil Shah / Dr. Hemang Baxi</i> |
| 4:10 PM | MTE 2: Managing the "Brittle" Patient | - <i>Dr. Banshi Saboo / Dr. Tiven Marwah / Dr. Navneet Shah</i> |
| 4:40 PM | MTE 3: Managing Diabetes in the Elderly | - <i>Dr. Sanjiv Phatak / Dr. Parag Shah / Dr. Vivek Arya / Dr. Manoj Vithalani</i> |
| 5:10 PM | MTE 4: Managing diabetes in Kidney Disease | - <i>Dr. Urman Dhruv / Dr. Mukul Oza / Dr. Prakash Darji / Dr. Navin Khimesara</i> |
| 5:40 PM | Awarding Certification | |

Map of Ahmedabad



- **Main Session** : 9th & 10th January, 2009 at Tagore Hall
- **Satellite Symposia** : 9th January, 2009,
Time : 8.00 PM to 10.00 PM at Hotel Inder Residency
- **Grand Gala Dinner** : 10th January, 2009 at Mangalya Vatika Party Plot, Sola
- **Certification Courses** : 11th January, 2009 at The Grand Bhagwati

Sight Seeing of Ahmedabad

Gandhi Ashram



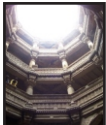
Where to settle was a question before Gandhiji when he returned from South Africa. His selection of Ahmedabad was for three reasons. In his own words "being a Gujarati, I'll serve my country best through the use of Gujarati language. As Ahmedabad was the centre of handloom in early days, the work of spinning wheel (charkha) could be done in a better way, I believed. Being the capital of Gujarat its wealthy persons will also make larger contribution, I hoped." And in none of this he was disappointed during his sixteen years stay in Ahmedabad.

Akshardham Temple

It is believed that there are three forms of visual art : Painting is art to look at, sculpture is art you can walk around, and architecture is art you can walk through While you walk down the streets of Ahmedabad, this is one place where you will experience the treasure trove of Gujarati architecture. This 10 storey high temple is one of the architectural marvels of the century. Akshardham Temple is made out of 6,000 tonnes of pink sandstones, placed intricately together. The most amazing part of this splendor is that not even a single iron rod was used to construct the temple. Its just the accurate placement of the stones that brought out this bewitching building. The temple is a work of 900 skilled craftsmen who created 93 sculpted pillars, 40 windows carved from both sides, and a feast of forms and filigrees. Innumerable tourists and Hindu devout visit this holy place to discover its designs, devotion, inspiration, calm and sooth.



Adalaj Steepwell



The stepwell is a masterpiece in water architecture. It is situated 17 kms. north of Ahmedabad. The stepwell at the village of Adalaj is another fine example of this magnificent architectural form. Adalaj Vav is richly carved, every pillar and wall surface covered with leaves and flowers, birds and fishes and friezes of ornamental designs. The five storeyed Octagonal shaft - wonderful sculptures of a king seated on a stool beneath a parasol with two bearers, gods, goddesses, dancing maidens, musicians, birds, animals, leaves one spellbound.

Bhadra Fort

Bhadra Fort is one of the majestic buildings in the city of Ahmedabad. The fort was constructed by Sultan Ahmed Shah in the year 1411 AD. It houses a number of palatial buildings, along with the sprawling Nagina Baugh. Bhadra fort covers an astounding area of 43 acres and its walls once encircled the entire city. The fort is a worth seeing monument in the state of Gujarat. It even houses a temple dedicated to the Hindu goddess, Bhadra Kali, which is the main reason why it was named as Bhadra Fort.



Heritage Walk for 3-C Con 2009 Faculty



Gandhi Ashram



Bhadra Fort



Adalaj Ni Vav



Sidi Sayad Ni Jali

Registration Form for 3-C Con 2009

DD or A/c. payee cheque to be made in the name of

"Care Cardiovascular Consultants Pvt. Ltd."

Kindly mail the registration form along with the cheque/DD to our office.

All Cash Payment at 'The Heart Care Clinic, Ahmedabad' only.

Registration Fees (Please make a choice as per modules below)

	Moduler	(After 16-12-08)
(A)	Main Conference Module (9-11 Jan, 09)	6000 ☐
(B)	Certification Courses (11 Jan, 09)	
	* ECG	2000 ☐
	* Clinical Cardiology	2000 ☐
	* Financial Planning & Office, Clinic & Hospital Management	2000 ☐
	* Lipid, Cardiovascular Metabolic Disorders and Diabetes Management	2000 ☐
(C)	Total (A + B)	
(D)	** Deposit for Hotel Accommodation (Separate cheque)	3000 ☐
(E)	For students doing MD(Medicine)with proof	3000 ☐
(F)	AAPL Members	\$ 400 ☐
(G)	Foreign Delegates	\$ 500 ☐
(H)	% Deduction (in case of cancellation)	No Refund

*** Choose any one module, ** Hotel Accommodation is optional.**

**Tick options vertically. Due to limited sitting in various venues,
Please register early to avoid disappointments**

☐ Prof. ☐ Dr ☐ Mr. ☐ Mrs. ☐ Ms.

First Name

Middle Name

Last Name

Qualification

Resi. Address

City

State

Pin Code

Telephone (STD Code)(O)

(R)

Mobile

Fax

Email

Payment Details :

Rs.

Rupees in word

Draft/Cheque No.

Bank

Dated

If you want hotel accommodation? ☐ Yes ☐ No
(If yes, Rs. 3,000/-)

Signature

AMA Lectures Schedule For Date : 11/01/2009
Time 9.30 AM To 1.00 PM At Ahmedabad

Time	Name Of Topic	Name of Faculty
9.30 AM	Introduction & Welcome	<i>Dr. Keyur Parikh</i>
9.45 AM	Anxiety, Psychological Stress and Cardiovascular Disease : A myth, fact or illusion !	<i>Dr. Keyur Parikh</i>
10.00 AM	Advances in Cardiology - The Heart Care Clinic Experience	<i>Dr. Keyur Parikh</i>
10.15 AM	Cell therapy for Heart Failure	<i>Dr. William Wijns</i>
10.45 AM	Lasers in CV Medicine	<i>Prof. On Topaz</i>
11.15 AM	Which antiplatelet agents will I choose in ACS ? Why ?	<i>Prof. Anthony Gershlick</i>
11.35 AM	New Strategies for Acute Coronary Syndrome (Role of Cangelor, Factor Xa Inhibitor, etc.): End of Road or Beginning of an Era?	<i>Dr. Steve Steinbuhl</i>
11.55 AM	Anti-Lipid pharmacotherapy: When, Which, How & why ?: State of the Art	<i>Dr. Uday Jadhav</i>
12.15 PM	Pregnancy and Cardiovascular Disease : State of the Art	<i>Prof. Uri Elkayam</i>
1.00 PM	Closing Remarks	<i>Dr. Milan Chag</i>

Book Post

If not delivered please return to:

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The Heart Care Clinic

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